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All ages welcome!

MARCH 19th - 23rd

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Free Lessons by Appointment thru Apr 30
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The Music Starts Here!
Coeur d’Alene Public Schools / 2018-19 School Year

Kindergarten Registration

May 8th from 9:30 am-6 pm
at your neighborhood school

REGISTER FOR THE 2018-19 SCHOOL YEAR!
Children who will be five years old on or before Sept 1, 2018 are eligible to enter kindergarten in the Coeur d’Alene School District. Schools are assigned by attendance zone, which is based on your student’s home address. To register simply go to your zoned neighborhood school and register on May 8.

WHAT WILL YOU NEED?
You should bring your child’s certified birth certificate, immunization records, proof of residence (ex: phone bill or rental agreement), and health history with allergies and current meds.

LEARN MORE
Read more about our two magnet schools and find your zoned school by visiting us online at www.cdaschools.org or call your local school or the district office at 208-644-8241.
Publisher & Editor
Charity Doyl

Art Director
Gaye Hallman
Mandy Hill

Distribution
Brenda Palmer & Daniel Legg

Much Appreciation:
To the Crowshoe (Native American), Bagatsing-Legg (Philippines), Hawkins (Scotland) and Moua (Hmong) families for allowing your children to grace our cover.

Special Thank You To
Kitchen Spokane for allowing us to use your facility for the photoshoot.

The Family Guide
509.928.9664
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www.thefamilyguide.org

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ACTIVITES
• Dance Schools
• Cultural Programs and Organizations

EDUCATION
• Greater Spokane School District
• N. Idaho School District
• N. Idaho & Spokane Schools
• N. Idaho & Spokane Virtual Schools
• Early Learning Centers
• Special Needs Schools
• Education Resources
• N. Idaho & Spokane Libraries

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• Recycle, Re-Purpose and Re-Use
• Support Groups

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FREE ADMISSION WITH THIS AD!

Spring 2018 Family Guide  5
VALUE VILLAGE
CONTEST

Let's keep toys, shoes, clothes and other usable household items out of the landfill.

After gathering a box of toys to donate to the Northwest Center at Value Village, our Editor got distracted and lost them somewhere in the pages of The Family Guide. Readers who help us find the missing toys will be eligible to be entered into a drawing to win a $50.00 Gift Card to Value Village.

Are you ready to join the search and be one of THE 4 LUCKY WINNERS

Send us a letter that says:
Dear Family Guide,

I found the ________ toys. They are on pages:_______________.

Please include your
Name:_______________ Address:____________________
Phone # and email to:____________________________________

Missing Toys Contest
The Family Guide
10922 E. 47th Ave.
Spokane Valley, WA 99206
The drawing will be held on April 16, 2017.

Grab a pen, help us find the MISSING TOYS!

6 Family Guide Spring 2018
IMPROVING LIVES
THROUGH THE POWER OF REUSE

At Value Village, we work hard to ensure your gently used clothing and household items will find more than a good home. Each one of our stores accepts donations on behalf of a nonprofit. We purchase your donated goods from the nonprofit, which provides them with a steady source of revenue to support the nonprofits mission in your community. Donating items you no longer need to nonprofits means landfills lose and the earth wins!

Learn about all the good we’re doing for nonprofits, the community and the world at large at valuevillage.com/impact.

**Value Village**
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(208) 762-9373  
www.cytni.org

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(208) 667-1865  
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**Discovery Group Robotics**  
lorna.kropp@gmail.com or  
molly.z@comcast.net  
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www.discoveryrobots.org

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(509)747-8091  
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Girl Scouts is the preeminent leadership development organization for girls and the leading authority on girls’ healthy development. GSEWNI serves over 3,000 girls in K-12 with the help of nearly 2,000 dedicated adult volunteers. We build girls of courage, confidence, and character, who make the world a better place.  
www.gsewni.org

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3151 E. 37th Ave
Spokane WA 99223
(509) 535-0584
music@projectjoy.org
www.projectjoy.org
Project Joy is a non-profit corporation of senior entertainers offering entertainment to Spokane seniors and the general public. We have 26 entertaining groups including an orchestra, mixed chorus, midsize, small group, solo entertainers, Northwest travelogues, tap dancers, story tellers and puppeteers.

Sasquatch Sports Volleyball Camp
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(509) 954-0034
www.sasquatchsports.com
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Spokane Area Youth Choirs
411 S. Washington St
Spokane, WA 99204
(509) 624-7992
www.SAYChoirs.org

Whatever Girls
www.thewhatevergirls.com

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www.wildwalls.com

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Spring 2018 Family Guide  9
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www.northerndance.com

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Spokane WA 99203
(509)533-9966
www.silverspursyouthfolkdancers.org

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Spokane Valley, WA 99206
(509) 891-5678
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(509) 358-7330
www.dioceseofspokane.org/about-education

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Spokane Valley WA 99016
(509) 558-5425
www.cvsd.org

Cheney School District
2620 N. 6th St
Cheney WA 99004
(509) 235-5412
www.cheneysd.org

East Valley School District
3830 N. Sullivan Rd. Building 1
Spokane, WA 99216
(509) 924-1830
www.evsd.org

Freeman School District
15001 S. Jackson Rd
Rockford WA 99030
(509) 291-3695

Mead School District 354
12828 N. Newport Hwy
Mead WA 99021
(509) 465-6000
www.mead354.org

Orchard Prairie School District
7626 N. Orchard Prairie Rd
Spokane WA 99217
(509) 467-9517
www.orchardprairie.org

Spokane Public Schools
(District 81)
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Spokane WA 99201
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www.spokaneschools.org

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Coeur d’ Alene ID 83814
(208) 664-8241
www.cdaschools.org

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8100 S. Ogara Rd
Harrison ID 83833
(208) 689-9957

Lakeland School District
15506 N. Washington St
Rathdrum ID 83858
(208) 687-0431
www.web.lakeland272.org

Post Falls School District
206 W. Mullan Ave
Post Falls ID 83854
(208)773-1658

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Spokane WA 99203
(509) 534-1098
www.allsaaintsspokane.org

Assumption Parish School
3618 W. Indian Trail Rd
Spokane WA 99208
(509) 328-1115
www.assumptioncatholic.org

Calvary Chapel Christian School
16409 E. Broadway Ave
Spokane Valley WA 99037
(509)921-9460
www.calvarychristianspokane.com

Cataldo Catholic School
455 W. 18th Ave
Spokane WA 99203
(509) 624-8759
www.cataldo.org

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www.cca-pf.com

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(509)482-6101
www.fbaspokane.com

First Presbyterian Christian School
318 S. Cedar St
Spokane WA 99201
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www.fpchristianschool.org

Gonzaga Preparatory School
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Spokane WA 99207
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www.hfcs-cda.org

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Post Falls ID 83858
(208) 661-5099
www.Idaholdea.org

Idaho Youth Challenge Academy
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Pierce ID 83546
(208) 464-1253
www.Idyouthchallenge.com

Lake City Jr Academy
111 E. Locust Ave
Coeur d’ Alene ID 83814
(208)667-0877
www.lcja.org

LAM Christian Academy
4800 N. Ramsey Rd
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(208)765-8238
www.lamcda.org

Northwest Christian Schools, Inc
5104 E. Bernhill Rd
Colbert WA 99005
(509) 238-4005
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www.westgateschristianeagles.com

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Spokane WA 99224
(509) 325-1985
www.pcasda.org

Pioneer School
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www.innovationspokane.org

Riverday School
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Spokane WA 99202
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www.riverdayschool.org

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www.salishschoolofspokane.org

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www.stalsschool.org

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www.idva.k12.com

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(208) 322-4002
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K12 Washington State
(866) 800-0017

Kootenai Bridge Academy
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สมาชิกที่ 18 Family Guide Spring 2018
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www.larisasminischolars.com

Liberty Park Community Development Ctr
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Spokane, WA 99202
(509) 534-0957
www.libertyparkcenter.org

Lilac City Early Learning Center
1020 E. Cozza Dr
Spokane WA 99208
(509) 315-8977
www.lilaccityelc.com

The MLK Jr. Family Outreach Center
845 S. Sherman St
Spokane WA 99202
(509)455-8722
www.mlkspokane.org

Mountain States Early Head Start
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Coeur d’Alene ID 83814
(208) 765-6955
www.msehs.org

NIC Children’s Center
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SPOKANE COMMUNITY COLLEGE
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Plum Tree School
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Spokane WA 99203
(509) 747-1040
www.plumtreeschool.com

Post Falls Early Head Start
106 W. 9th Ave
Post Falls ID 83854
(208) 773-6164

PARENT COOPERATIVE PRESCHOOLS

Magnuson Building MS 1030
2917 W. Fort George Wright Dr
Spokane WA 99224
Please call the Parent Education Office at 509-279-6020 or email: janet.gunn@scc.spokane.edu for more information on each of the following Parent Co-op Preschools.

Countryside Parent Co-op Preschool
Christ’s Church of Deer Park
5804 W. Herman, Deer Park, WA

Lake Spokane Parent Co-op Preschool
Suncrest Family Worship Center
6048 Hwy 291, Nine Mile Falls, WA

Manito Parent Co-op Preschool
Manito United Methodist Church
3220 S. Grand Blvd., Spokane, WA

Mead Parent Co-op Preschool
Country Homes Christian Church
8415 N. Wall, Spokane, WA

Newport Parent Co-op Preschool
United Church of Christ
430 W. 3rd, Newport, WA

Northwest Parent Co-op Preschool
Emmanuel Presbyterian Church
1926 W. Chelan Ave, Spokane, WA

South Spokane Parent Co-op Preschool
Bethany Presbyterian Church
2607 S. Ray, Spokane, WA

Valley Parent Co-op Preschool
Opportunity Christian Church
708 N. Pines Rd, Spokane, WA

West Valley Parent Co-op Preschool
Millwood Presbyterian Church
3223 N. Marguerite, Spokane, WA
Ponderosa Care-A-Lot Pre-School  
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Spokane WA 99205  
www.salishschoolofspokane.org

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Spokane Valley WA 99212  
(509) 921-2160  
www.seth.wvsd.org

St. Anne’s Family & Children Center  
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Spokane WA 99204  
(509)232-1111  
www.stanneskids.com

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www.ywcaspokane.org  
FREE PRESCHOOL for eligible children and families. Sites downtown, Airway Heights and Medical Lake.

EDUCATION RESOURCES

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www.Spokane.ciswa.org

Education NW Resources  
9222 N. Newport Hwy  
Spokane WA 99218  
(509) 323-4950  
tutoringspokane@gmail.com  
www.tutoringspokane.com

Kumon Math & Reading of Spokane  
4902 E. Sprague Ave, Ste B  
Spokane Valley WA 99212  
(509) 532-8660  
brucefitterer@ikumon.com  
www.kumon.com/spokane-southeast

N. Idaho Home Educator’s Association  
(208) 661-6870 (& text)  
www.nihea1.wixsite.com/nihea

Spokane Area Youth Choirs  
has a new choir for 5 and 6 year-olds!  
Welcoming members throughout the season.  
Wednesdays from 4:45—5:45 PM

Five and six year olds have the opportunity to purposefully sing, move, and play each week, immersed in foundational music concepts. The program is directed by Anne Mikeski, and is based on Kodály-inspired teaching.

More information at:  
SAYChoirs.org  (509) 624-7992

Other programs available for ages 7-18, and a choir for adult women, La Donne.
SPECIAL NEEDS SCHOOLS

Can Learn Christian Academy
1412 W. Central Ave
Spokane WA 99205
(509) 362-3418
www.canlearnacademy.org

HOPE School (Hearing-Oral Program of Excellence)
310 N. Riverpoint Blvd. Box V.
Spokane WA 99202
(509) 828-1379
www.spokanehopeschool.org

Innercept
1115 Ironwood Dr.
Coeur d’Alene ID 83814
(208) 665-7178
www.innercept.net

The MOOSE Project
The Magic of Oral and Signing Education
801 E. 2nd Ave
Spokane WA 99202
(509) 534-1402 voice
(509) 443-5905 text
www.mooseproject.net

Spokane Guilds’ School & Neuromuscular Ctr
2118 W. Garland St
Spokane WA 99205
(509) 326-1651
www.guildschool.org

N. IDAHO & SPOKANE LIBRARIES

Coeur d’Alene Public Library
702 E. Front Ave
Coeur d’Alene ID 83814
(208) 769-2315
www.cdalibrary.org

Community Library Network Bookmobile
(208) 772-7405
www.communitylibrary.net

Community Library Network
8385 N Government Way
Hayden, ID 83835
(208) 772-5612

Spokane County Library Administrative Office
4322 N. Argonne Rd
Spokane WA 99212
(509) 893-8200
www.sclrd.org

Spokane Public Library
906 W. Main St.
Spokane WA 99201
(509) 444-5300
www.spokanelibrary.org
Salute to Service Resource Fair
Join us before the Lilac Festival's 80th Armed Forces Torchlight Parade & Cruzin' the Falls Car Show!
Saturday May 19, 2018
1 pm to 6 pm
River Park Square Mall

Find out about services, benefits & connections available to you!
Featuring Local Agencies, Community Partners and Businesses offering
Information and Assistance to Veterans, Active Duty, Guard, Reserve Personnel,
Families and Caregivers.

Please contact:
Charity@thefamilyguide.org | 509.928.9664

Start planning today!
Funeral | Cemetery | Cremation | Family Estates

Speak with an advisor
(509) 590-0301 | cfcsSpokane.org

CFCS
Living Our Mission
CATHOLIC FUNERAL & CEMETERY SERVICES
A MINISTRY SERVING THE DIOCESE OF SPOKANE
RE-USED, RECYCLE, RE-PURPOSE

E-Cycle Washington
is a free program that makes it easy for Washington residents to recycle their broken, obsolete or worn-out electronics. Electronic products contain valuable materials that can be recycled and toxic chemicals that should be kept out of the landfill.  
www.ecology.wa.gov

Kootenai County Solid Waste
3330 Ramsey Rd
Coeur d’Alene ID 83815
15580 W. Prairie Ave
Post Falls ID 83854
(208) 446-1430
www.kcgov.us/departments/solid-waste/

Spokane County Water Resource Center
1004 N. Freya St
Spokane WA 99202
(509) 477-7577
www.spokanecounty.org/wrc

The Spokane County Water Resource Center (WRC) is a regional interpretive learning center providing interactive lessons about our local watershed/aquifer, urban water cycle, and tours of the Spokane County Regional Water Reclamation Facility.

Spokane/Kootenai Waste Directory
A great resource for a variety of waste/recycling issues. Find disposal & recycling options A-Z for residences & business.
www.spokanewastedirectory.org
www.kootenaiwastedirectory.org
If you are a grandparent or a relative raising a grandchild, sibling, niece, nephew or cousin, you could be eligible for Kinship Navigator and/or Kinship Care Services. Kinship Navigators help caregivers navigate government systems, gain information, and find help for basic needs. Call Patricia at (509) 458-7450 Option 4 for information.

www.fbhwa.org

Heritage Health
1090 W Park Place
Coeur d’Alene ID 83814
(208) 620-5250
www.myheritagehealth.org
Providing health care from the heart:
Dental. Behavioral Health

Lutheran Community Services Northwest
210 W. Sprague Ave
Spokane WA 99201
(509) 343-5078
www.lcsnw.org
in a family-centered environment, regardless of the patients’ ability to pay. www.ShrinersHospitalsforChildren.org/Spokane

**Spokane C.O.P.S.**
If you have an emergency, crime, or incident to report, please call 911 or Crime Check (509) 456-2233. For crime prevention tips, check out our blog at www.spokanecops.org/blog

**Thrive Life Freeze Dried Foods**
(208)661-8249
www.jespe.thrivelife.com
Clean, whole, nutrient rich, non-gmo foods. Affordable, fast, easy, delicious, nutritious! Family Meal Plans Available.

**Winston Center for Attention, Language, & Learning**
University District & Northpointe locations
Spokane, WA 99202 - (509) 465-1252
www.winstoncenter.com
ADHD & Learning Disorders Specialty Center, Psychiatry, Speech Therapy, Learning Specialists, & Mental Health.

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**DINE SHOP PLAY**
1st **FRIDAY** @ River Park Square Mall
2nd **FRIDAY** @ North Town Mall
3rd **FRIDAY** @ Silver Lake Mall
4th **FRIDAY** @ Spokane Valley Mall

entertainment, artisan & makers market and giveaways

**Vendors Wanted!**
Charity@thefamilyguide.org | 509.928.9664
Please visit our Facebook Page: nwfamilyfunfair for more info
The Call Before You Dig (CBYD) industry started 50 years ago. Because of our federal government’s interest in pipeline safety, all States now have CBYD laws. The Common Ground Alliance (CGA) has also put together Best Practices for safe digging guidelines. And because of the importance of safe digging, ten years ago the federal government gave the CBYD industry one of the 9 three digit telephone numbers. There are now State and National ads reminding everyone to call that number “811” before digging.

The word “digging” in the industry stands for many types of soil excavation projects. Some examples are: “Pounding” in any signs/posts, mail boxes, fence posts, “Pulling” out stumps, “Drilling” wells and other activities like boring, slicing and plowing.

When you call to request utility locates, have your address, cross street, what type of work you are planning, have the dig area marked in white paint and a phone number where the locators can reach you if there is some confusion on your locate request.

Besides calling 811, you can also reach the utility notification centers through their 800 phone numbers, faxing in tickets and entering your own tickets on line.

So remember these 6 steps: (1) Mark area with white paint, (2) call two business days before you plan to dig, (3) do not dig until all known utilities are marked, (4) maintain the marks, (5) determine the precise location of the marked utilities by hand digging, (6) dig safely using proven excavating methods.

This message is brought to you by the Kootenai County and Spokane County CBYD Councils. Please see more information at their web sites below.

For Kootenai  www.kootenaicountyonecall.com
For Spokane  www.ieucc811.org
WOMEN EMERGENCY RESOURCES - IDAHO

Advocates for Women
(208) 448-2800
24/7 Help (208) 290-6529

Children’s Village
1350 W. Hanley Ave
Coeur d’Alene ID 83814
(208) 667-1189
www.thechildrensvillage.org

Coeur d’Alene Legal Aid Services
610 W. Hubbard Ave Ste 219
Coeur d’Alene ID 83814
(208) 667-9559
www.idaholegalaid.org

Family Promise of North Idaho
501 E. Wallace Ave
Coeur d’Alene ID 83814
(208) 777-4190
www.familypromiseni.org

Idaho Housing and Finance Association
915 W. Canfield Ave
Coeur d’Alene ID 83815
(208) 762-5113
www.idahohousing.com

Post Falls Police Dept - Victim Services Unit
1717 E. Polston Ave
Post Falls, ID 83854
CRISIS LINE (208) 773-1080

Safe Passage Violence Prevention Ctr
850 N. 4th St
Coeur d’Alene ID 83814
(208) 664-9303
www.safepassageid.org

St. Vincent De Paul
108 E. Walnut St
Coeur d’Alene, ID 83814
(208) 664-3095

Union Gospel Mission CDA
196 W Haycraft Ave
Coeur d’Alene ID 83815
(208) 665-4673
www.ugmspokane.org

WOMEN’S EMERGENCY RESOURCES SPOKANE

Anna Ogden Hall (Women and Children)
2828 W. Mallon
Spokane WA 99201
(509) 838-6596
www.uniongospelmission.org

Crosswalk (Teenagers)
525 W. Second Ave
Spokane WA 99201
(509) 455-2886
www.voaspokane.org/crosswalk

HOPE House Women’s Shelter
111 W. Third Ave
Spokane WA 99201
(509) 624-7821
www.voaspokane.org/hope-house

House of Charity
32 W. Pacific Ave
Spokane WA 99201
(509) 325-6814
www.catholiccharitiesspokane.org

Northwest Justice Project
1702 W. Broadway Ave
Spokane WA 99201
A federally funded program providing free civil (non-criminal) legal assistance to low-income residents of Washington State.

**Salvation Army Family Emergency Ctr**
1403 W. Broadway St
Spokane WA 99201
(509) 325-6821
www.spokane.salvationarmy.org

**Transitions**
3128 N. Hemlock St
Spokane WA 99205
(509) 325-2959
www.help4women.org

**Union Gospel Mission (MEN)**
1224 E. Trent Ave
Spokane WA 99202
(509) 535-8510
www.uniongospelmission.org

**YWCA**
930 N. Monroe St
Spokane WA 99201
DV Helpline: (509) 326-2255
(509) 326-1190
www.ywcaspokane.org

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**SPOKANE HOUSING**

**Northwest Fair Housing Alliance (NWFHA)**
35 W. Main Ave, Ste 250
Spokane WA 99201
(509) 325-2665
www.nwfairhouse.org

**Onestophousing.org**
Your one stop access to affordable Housing.
(509) 327-1121

**SNAP (Spokane Neighborhood Action Programs)**
I need to prevent a foreclosure. I need help with housing or home repair. I need help with my energy bill. I want to start or expand a business. I am looking to rebuild my credit.
Call (509) 456-SNAP or visit www.snapwa.org

**Spokane Co-Housing**
We know it takes a village to raise a child, so we are creating a village in the South Perry district. New homes range from $230-425k. Free public information session Saturday March 10 from 2:00-4:00 at Argonne Library, 4322 N. Argonne Rd. Childcare available. Sponsored by Spokane Cohousing.
www.spokanecohousing.com

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**Want to spice up your party? Let Thai Bamboo do the cooking!**

**HOLIDAY PARTIES | RECEPTIONS | MEETINGS | BANQUETS | CATERING**

**THAI NORTH**
5406 N. Division St.
509.777.8424 (THAI)

**THAI SOUTH**
2926 E. 29th Ave.
509.232.8424 (THAI)

**THAI EAST VALLEY**
12712 E. Syringa Ave.
509.444.8424 (THAI)

**THAI COEUR D’ALENE**
2010 N. 4th St.
208.667.5300
Thank You Yvonne C. Montoya Zamora for compiling this list.

Disclaimer: For the lack of editorial space, this is not a complete list featuring the Multicultural Resources for the Inland Northwest. To request the in-depth African American, Asian-Pacific islanders, Hispanic/Latino, LGBTQ, Multicultural, Native American, Veterans and Women’s List and for corrections/additions - please email: yvonnemz04@gmail.com

CULTURAL GROUPS, ORGANIZATIONS & PROGRAMS

American Indian Community Center
610 E. North Foothills Dr
Spokane WA 99207
509.535.0886
www.aiccinc.org

American Indian & Minority Student Support
North Idaho College
1000 W. Garden Ave
Coeur d'Alene ID 83814
208.769.3365
www.nic.edu

Amerasians without Borders
Helps reconnect Vietnamese Amerasians with family.
509.263.7903
www.facebook.com/AmerAsiansWithoutBorders

Bosnia & Herzegovina Heritage Assoc.
Preserves Bosnian language and culture with community events and humanitarian efforts.
www.bhhaos.com

Camas Center (Kalispel Tribe)
1821 N. LeClerc Rd #5
Cusick, WA 99119

Spokane Housing Ventures
2001 N. Division St, Ste 100
Spokane WA 99207
(509) 232-0170
www.spokanehousingventures.org

Spokane Low Income Housing Consortium
829 W. Broadway Ave
Spokane WA 99201
(509) 327-1121
www.slihcn.org

Amerasians without Borders
Helps reconnect Vietnamese Amerasians with family.
509.263.7903
www.facebook.com/AmerAsiansWithoutBorders

Bosnia & Herzegovina Heritage Assoc.
Preserves Bosnian language and culture with community events and humanitarian efforts.
www.bhhaos.com

Camas Center (Kalispel Tribe)
1821 N. LeClerc Rd #5
Cusick, WA 99119
509.447.7122
www.kalispeltribe.com

Camas Path South (Kalispel Tribe)
934 S. Garfield Rd
Airway Heights WA 99001
509.789-7630
www.kalispeltribe.com

Chinese Culture House & ZW Tai Chi Studio
3803 N. Nevada St, Spokane WA 99207
www.taichiculturehouse.com

Club de Latinas de Spokane
A nonprofit social group of Latinas. Their mission is to promote culture, involve themselves in civic and community actions, and support the social causes that benefit Latina women and their families.
spokanelatinas@gmail.com
www.facebook.com/LatinasdeSpokane

Coeur d’Alene Tribe
850 A St
Plummer ID 83851
208.686.1800
www.cdatribe-nsn.gov

Colville Tribe
21st Colville St
Nespelem, WA 99155

509.634.2200
www.colvilletribes.com

Danish Sisterhood of American Lodge
2214 S. Herald Rd
Spokane Valley, WA 99206
www.danishsisterhood.com

Daughters of Norway, Freya Lodge
Celebrating their Norwegian Heritage
www.daughtersofnorway.org

Daughters of Penelope
Greek Women’s Organization
509.879.7415
www.daughtersofpenelope.org

Filipino American Assoc of the Inland Empire
www.faaie.org
www.facebook.com/FilAmSpokane

Friendly Sons of St Patrick
www.facebook.com/thefriendlysonsofstpatrickspokane
www.friendlysonsofstpatrick.com

German American Society of Spokane
25 W. 3rd Ave, Spokane WA 99201
509.747.0004
www.germanamericansociety-spo- kane.org

Cozy up to bold styles.

SPOKANE VALLEY MALL
spokanevalleymall.com

NORTHTOWN MALL
northtownmall.com

Spring 2018 Family Guide  31
Three Tips For end-of-life Planning

For one family, sudden illness revealed financial unknowns. Lance Kissler thought his parents had prepared for everything as they grew older, with a good fix on their household finances and with long-term care and funeral policies in place.

But when Lance’s mother suddenly fell ill, his family discovered they weren’t as financially prepared as they thought. Lance had a better handle on this situation than many people would. As STCU’s marketing manager, he’s surrounded by financial planning professionals. Yet events often play out differently than we expect. And many of us are reluctant to discuss the inevitable.

Lance’s mother passed away last spring. For others looking ahead to their own or their family members’ end-of-life care, he offers three key pieces of advice.

Consult an elder law attorney
One unpleasant surprise for Lance and his family: Their long-term care insurance didn’t cover his mother’s situation. There was fine print regarding an interim period between the end of Medicare coverage and the start of policy coverage — a period of out-of-pocket pay that could have brought many families to the brink of bankruptcy. An elder law attorney can help identify gaps in your policies.

An attorney also can help you draw up a durable power of attorney, a document that will help you make medical decisions on someone else’s behalf.

Maintain a financial notebook
As often happens, one parent in Lance’s family his mother had assumed primary responsibility for the day-to-day finances. His father took over when she was first hospitalized, but it would have been difficult for Lance or his brother to take them over next, if necessary.

So Lance asked his dad to create a financial notebook gathering all the important information in one spot. A financial notebook should contain your family members’ names and contact information, insurance and health records, and information about loans and other financial accounts. It also should contain copies of your wills, advance directives, and powers of attorney.

Have the tough conversations now
Discussing hospitalization and death with your relatives while they’re healthy might seem morbid. But if you put off those conversations, you might never have them. As his mother’s condition worsened, Lance’s family realized they faced many unanswered questions about her preferred end-of-life care.

“Don’t put it off,” he urges. “There might be pride — or guilt — involved. There might be concern about past financial decisions. But you have to be willing to accept those and work with them.”
KEITH APPLETON, EDUCATION OUTREACH OFFICER

‘Today I will teach by example.’

He’s frugal ... like a fox. Keith budgets his money to turn his dreams into reality. At STCU, he teaches others to do the same. Education is our heritage.

Here for good.

Join us at stcu.org/hereforgood.

Federally insured by NCUA.
Germans from Russia Heritage Society
509.467.7572
www.grhs.org

Hispanic Business Professional Assoc.
hbpaspokane@gmail.com
www.hbpaspokane.net

Japan American Citizens League
info@spokanejacl.org
www.spokanejacl.org

Japanese Cultural Center
Mukogawa Fort Wright Institute
400 W. Randolph Rd
Spokane WA 99224
509.328.2971
www.mfwi.edu/JCC

Korean Association of the
Spokane Area
509.466.1444 / 509.570.4180
www.homepy.korean.net

Latino Hope Foundation
Supports a scholarship fund
www.latinohopefoundation.org

Martin Luther King Jr. Family
Outreach Center
845 S. Sherman Ave
Spokane WA 99202
509.455.8722
www.mlkspokane.org

NAACP – National Association for the
Advancement of Colored People
25 W. Main St, Ste 239
Spokane WA 99201
509.209.2425, ext 1141
www.spokanenaacp.com

Northwest Hula Company
509.768.5293
www.northwesthula.com

Salsa Spokane
salsaspokane@comcast.net
Informal group facilitating the enjoyment of Latino culture through ethnic dinners, cooking workshops, and similar events.

Sister Cities Association of Spokane
Nishinomiya, Japan, Limerick, Ireland, Jecheon, South Korea, Jilin, China
www.spokanesistercities.org

Sons of Norway – Spokane
509.366.9211
www.sonofnorwayspokane.com

SpokaneCares
Community resources for ethnic communities.
spokanecares@gmail.com
www.spokanecares.org

Spokane Area Jewish Family Services
1322 E 30th Ave
Spokane WA 99203
509.747.7394
www.saifs.org

Spokane Chinese Association
www.spokanechinese.org

Spokane Coalition of Color
Spokane Asian Pacific Islander Coalition, Hispanic Business/Professional Association of Spokane (HBPA) and National Association of the Advancement of Colored People, Spokane Chapter (NAACP)
www.facebook.com/SpokaneCoalition-OfColor

Spokane Folklore Society
509.598.9111
www.spokanefolklore.org

Spokane Hmong Association for Pride and Equality
www.facebook.com/hmongspokane
www.spokanehmongassociation.com

Spokane India Community
www.spokaneindiacommunity.org

Spokane Scottish Highland Games
Games usually take place in August
509.922.3661
www.spokanehighlandgames.net

St. Andrew’s Society of the Inland NW
spokanescots@outlook.com
www.inlandnwscots.org

South Asia Cultural Association (SACA)
sreedharani@hotmail.com
www.facebook.com/SACA-Spokane

Thai Fellowship Group
matthew2028@cfaith.com

The Native Project
1803 W. Maxwell Ave
Spokane WA  99201
509.483.7535
www.nativeproject.org

The Persian Hour
The Persian Hour broadcasts every Saturday from Noon to 1 PM at KYRS FM Radio.

www.facebook.com/ThePersianHour
www.kyrs.org

Upper Columbia United Tribes
25 W. Main St Ste 434
Spokane WA  99201
509.838.1057
www.ucut.org

Vietnamese-American Senior Association of Spokane
Promotes and educates on the Vietnamese-American culture.
VASA.Spokane@yahoo.com

Women’s Club of Spokane
1428 W. 9th Ave
Spokane WA  99204
509.838.5667
www.womansclubspokane.org

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Crescendo Community Chorus
Growing Together in Artistry

Sing with Crescendo for $275 a year!

*Or make two payments of $150
*No uniform fees  *No fundraising obligations
Visit our website for more information.

Upcoming Performances
Dilworth Choral Festival Concert
March 24th • 4:30pm
Lewis & Clark High School

Crescendo Spring Concert
May 4th • 7:00pm
St. Stephen’s Episcopal Church

www.CrescendoCommunityChorus.org

Spring 2018 Family Guide  35
When students have the opportunity to meaningfully interact with one another, it can promote a lifetime of curiosity and kindness. Our vision is to give millions of students the opportunity to connect across cities and countries to explore their similarities and differences and foster empathy.

What is Empatico?
Empatico is a free, one-stop shop for matching classrooms, global scheduling, seamless video connection, and standards-based activities. Here’s how it works:

1. Choose your activities
2. Get matched with a classroom
3. Schedule an interaction
4. Connect with your partner class

Empatico’s activities incorporate insights from child development research to create meaningful experiences and positive perceptions among students around the world. It is currently available in English for classrooms with 7-11 year olds.

“‖
I’ve used a lot of collaborative tools in my educational lifetime. But none has been as easy to manage as Empatico. I strongly encourage you to register today and get your students collaborating with new friends from around the world!‖

Lori Gracey, Executive Director, TCEA

“‖
Overall, the world our kids inherit is less about national boundaries than it is about understanding our neighbors. Empatico is an excellent first step to the authentic teaching of empathy.‖

Jacqui Murray, Author of Ask a Tech Teacher Blog

Join a global community of passionate educators. Connect your class to the world.
Visit empatico.org to get started.

Empatico is an initiative of The KIND Foundation, a separate philanthropic entity started by KIND Healthy Snacks. empatico.org

NEW
12G PROTEIN
KIND PROTEIN FROM REAL FOOD
CREAMY. CRUNCHY. DELICIOUS.
PLACES OF WORSHIP

Airway Heights Baptist
12322 W. Sunset Hwy
Airway Heights WA 99001
509.244.2474 - www.ahbc.us

Korean Presbyterian Church of Spokane
1727 E. Pacific Ave
Spokane WA 99202
509.534.5298
www.spokanechurch.com

Highland Park United Methodist Church
Over 107-year-old historically Japanese American congregation
611 S. Garfield St
Spokane WA 99202
509.535.2687
www.hp-spokane.org

Islamic Center of Spokane
6411 E. 2nd Ave, Spokane WA 99212
www.spokanesislamiccenter.org

New Life Hmong Alliance
6940 N. Crestline St
Spokane WA 99207
509.951.1205
www.facebook.com/nlhac

Sikh Temple of Spokane
1420 N. Barker Rd
Spokane Valley, WA 99016
509.892.3799

Spokane Bahá’í Community
509.326.0152
www.spokanebahais.org

Spokane Buddhist Temple
927 S. Perry St, Spokane WA 99203
509.534.7954
www.spokanebuddhisttemple.org

Spokane Chin Church
c/o Spokane First Nazarene Church
9004 N County Homes Blvd

Spokane WA 99218
509.990.1646
www.facebook.com/spokanechinesechristianfellowship

Spokane Chinese Baptist Church
2326 E. Queen Ave, Spokane WA 99217
509.483.6272

Spokane Chinese Christian Church
509.844.6433
www.spokanechinesechristian.weebly.com

Spokane Hmong Alliance Church
425 E. Olympic Ave, Spokane WA 99207
509.993.6027

Wat Spokane Dhammaram
12112 S. Hatch Rd, Spokane WA 99224
(509) 244-2928

AFRICAN AMERICAN CHURCHES

Bethel AME Church
645 S. Richard Allen Ct
Spokane WA 99202
509.534.3007
www.bethelamespokane.com

Calvary Baptist
203 E. Third Ave, Spokane WA 99202
509.747.8793

Church of Berachah
508 E. 25th Ave, Spokane WA 99203
509.747.6035
www.churchofberachah.com

Full Gospel Missions for All Nations
1912 E. 1st Ave, Spokane WA 99202
509.535.5064

Holy Temple Church of God in Christ
806 W. Indiana Ave, Spokane, WA 99205
509.624.0522
www.holytemplecogicspokane.org

Jesus is the Answer Apostolic Church
1803 E. Desmet Ave
Global Neighborhood
509.868.0001
Provide refugees in Spokane with the help needed for them to thrive in their new home.
www.global-neighborhood.org

Gonzaga Institute for Hate Studies
502 E. Boone Ave
Spokane, WA 99258
509.986.9585
www.guweb2.gonzaga.edu/againsthate

Human Rights Education Institute
414 W. Fort Grounds Dr
Coeur d’ Alene, ID 83814
208.292.2359
www.hrei.org

OutSpokane – LGBTQ
www.facebook.com/OutSpokane
www.outspokane.com

Peace and Justice Action League of Spokane (PJALS)
35 W. Main St, Spokane WA 99201
509.838.7870 - www.pjals.org

Refugee Connections
35 W. Main St Ste. 205
Spokane, WA 99201
www.refugeeconnectionsspokane.org

Refugee and Immigration Services Catholic Charities
12 E. 5th Ave, Spokane WA 99202
509.358.4250 / 800.831.1209
www.catholiccharitiesspokane.org

Spokane County Human Rights Task Force
www.spokanecountyhumanrightstask-force.org

World Relief Spokane
1522 N. Washington, Ste 204
Spokane, WA 99201
509.484.9829
www.worldreliefspokane.org
Azteca Mexican Restaurants

Azteca Fiesta Platter

Each platter includes a selection of Mini-Chimichangas, Quesadillas, Flautas, Taquitos Rancheros, Chicken Taquitos, Sour Cream, Guacamole and Pico de Gallo. Serves (8-10)

Gift Cards Available

NORTHPOINTE
9738 N Newport Hwy. #7
Spokane WA 99218 (509) 465-9101

SPOKANE VALLEY
14700 E. Indiana St. Sp.1080
Spokane, WA 99216 (509) 228-9661
Spokane Public Schools

- Daily lunches: 16,360
- Bus routes: 158
- Volunteers: 14,900
- Total acreage: 523
- School bus miles traveled daily: 12,000
- Teachers with advanced degrees: 1,253
- Students transported: 7,000
- Languages spoken: 77
- Meals served each year: 4,366,489
- 2016 Grad Rate: 86.4%
- Employees: 4,072
- Students: 30,817
- Number of STEM camps offered each summer: 33

34 Elementary schools
6 Middle schools
6 High schools
& several choice schools

Learn more about us at spokaneschools.org/stories